

STRIKE FORCE FOOTBALL CLINICS

Central Coast Lightning Football Club

PO Box 9027

Wyoming NSW 2250

Office: Plum Park

Tuggerah Street,

Lisarow NSW 2250

Phone: 02 4362 2216 Fax: 02 4362 7389



STRIKE FORCE FOOTBALL

Learn The Game By Playing The Game

SCHOOL HOLIDAY DEVELOPMENT PROGRAM - Commencing 20th July 2009

STRIKE FORCE is a 4 day structured training program based on "Game Centred" training practices, which provides realism, a high intensity level of play and a ton of fun for all players involved.

All coaching philosophies both Technical and Tactical are based within the Central Coast Lightning / Thunder training Curriculum

STRIKE FORCE PROGRAM DETAILS

Commencement Date: Monday 20th July 2009 - Thursday 23rd July 2009

Times: 9:00am - 12:00pm

Venue: Plum Park, Tuggerah Street, Lisarow NSW 2250

Age Groups:

- Under 10 (Born 1999)
- Under 11 (Born 1998)
- Under 12 (Born 1997)
- Under 13 (Born 1996)
- Under 14 (Born 1995)
- Under 15 (Born 1994)

Cost: **\$165.00**



Inclusions:

- Strike Force Training Strip
- 12 Hours Of Professional Coaching
- Strike Force Player Appraisal
- F.F.A Fully Qualified Coaches



✂ **PLAYER DETAILS: All Applications Must Be Lodged by Friday 10th July 2009**

Players Name: Male Female

Date of Birth: / /19 Age:

Playing Strip Size: Small Boys (85cm) Boys (95cm) Youth Small (100cm) Medium (110cm)
Socks: 10 - 2 2-7 7-12

Players Address:
 Postcode:

Phone Numbers: Mobile:

E-mail Address:

Parent / Guardian: Phone:

I will be paying by: Cash Cheque Money Order Visa Mastercard

Expiry Date : // Name of Cardholder:

STRIKE FORCE



Learn the game by PLAYING THE GAME!

Strike Force is an excellent opportunity for players to learn more about the game with other quality players and talented coaches. The focus is on "more active participation" more activity, more ball contacts, more often. Players rarely stand around for long periods of time, they are generally actively involved in training practices which are "Game Centred" all kid's enjoy playing games, and **Strike Force** ensures they are active participants in real game situations. It's not about repetitive "Drills" and it's not always about the players touches, "decision making" enables players to perform at their optimum. If it's challenging to the players, but enables good performance they'll enjoy it more and this is what accelerates learning. In **Strike Force** we try to do the simple things better, and as a consequence this improves the players performance.

Strike Force is also an excellent opportunity for players to be identified into Representative Player programs such as Central Coast Lightning FC and Central Coast Thunder. Coaches have the opportunity to scrutinize the players more thoroughly, see if they respond to coaching, and if they show improvement. After all this isn't the finished product we're working with, it's the developing potential we see in players that's important.

Mark Boyd

High Performance Manager

Central Coast Football / Lightning Football Club

STRIKE FORCE provides identification opportunities for players wishing to enter Representative Football programs such as:

Central Coast Lightning

Metropolitan Representative League - Under 11 & 12 Boys

FNSW Super Youth league - Under 13 - 18 Boys

FNSW Arrive Alive Women's Super League - Under 12 - 16 Girls, Senior Women



Central Coast Thunder

NNSW Football Development Series - Under 11 & 12 Boys

Development Program - Under 11 & 13 Girls

NNSW Football Youth League - Under 13 - 15 Boys & Under 15 Girls



Enrolment Conditions:

- This Application form is confirmation of your enrolment into the Holiday Programs. Receipts are available from the Central Coast Football Office located at Plum Park, Lot 1 Tuggerah Street, LISAROW NSW 2250.
- The application form must be accompanied by full payment for the program/s of your choice.
- If you cancel for any reason and do so more than 14 days from the commencement of the clinic, you will receive a refund of payments less a \$20.00 administration fee. If you cancel for any reason within 14 days of the commencement of the clinic you will be provided with a letter of credit for a future clinic or other CCF Development Program. If you cancel after the commencement of the program a letter of credit will be provided for use on a future clinic of development program of equal value if validated with a medical certificate. No cash refunds will be given.
- Programs are subject to cancellation, alteration and re-arrangement in the event of unsustainable weather conditions or other factors which may arise that are beyond our control.
- CCF reserves the right to refuse or terminate enrolment if rules of clinics or player codes of conduct are not abided by.
- A late pick up charge of \$1.00 per minute applies 15 minutes after the official program completion time.
- CCF does not accept any liability for personal injury, property damage or loss sustained by any participant as a result of his or her participation in any provided programs due to any cause whatsoever unless caused by the proven negligence of CCF, it's Directors or employees.
- I understand that CCF Retain the right to use for publicity, advertising and media purposes, photographs of participants taken at clinics.
- I authorize that the staff of CCF to obtain such medical assistance as they see fit and I will meet the expenses attached there to.
- I understand that CCF will retain all enrolment on a confidential database, which shall be removed if requested.
- I agree with the enrolment conditions above

I hereby authorise Central Coast Football to debit my account with the total balance of: **\$165.00**

Signature:

STRIKE FORCE is a Central Coast Football Endorsed Player Development Program